

CHAMELEONS

DIET

INSECTS:

Dubia Roaches

Crickets

Locusts

Butterworms

Silkworms

Superworms

Waxworms

Hornworms

PRODUCE:

Dark leafy greens

Zucchini

Squash

Bell pepper

Blueberries

Apples

Pears

Melons

Territorial by nature, veiled chameleons can get stressed when housed with others, so once they reach adulthood at 8 to 10 months of age, it is best to keep only one per cage. If your budget allows, larger cages are better for adult veiled chameleons—something around 2x2x4 feet would be perfect. For a smaller adult female chameleon, a slightly smaller cage would be fine.

When the chameleon is young (under 6 months old), the cage should be small enough for it to catch prey with ease. A 16x16x30-inch cage would be excellent for young chameleons.

Chameleons need plenty of air. Use a cage with at least two side screens to provide optimal airflow for your veiled chameleon. Stay away from glass terrariums because they lack the necessary airflow, causing stagnant air which can lead to dangerous upper-respiratory infections.

A SIMPLE FLOOR MAKES FOR EASY CLEANUP

Special substrates are not recommended for the veiled chameleon's habitat. The chameleon will spend its days lounging in the plants and vines above the floor, so particle substrates are not needed. Plus, feeder insects may try to bury in them, making them more difficult for your chameleon to hunt and harder for you to clean.

Some people choose to leave the floor uncovered, as this provides effortless cleanup. You can also select something simple like newspapers or paper towels. Just remember to change them at least once a week.

TEMPERATURES FOR YOUR CHAMELEON

Like other reptiles, veiled chameleons are ectotherms, meaning they require both warm and cool places in the cage to properly regulate their temperatures. This is called thermoregulating. Place two thermometers—one on each end of the cage—to ensure the temperature ranges are sufficient for your veiled chameleon. The temperature on the opposite end of the cage from the basking spot should be between 72 and 80 degrees Fahrenheit.